

HOW TO MANAGE YOUR MOBILE DATA

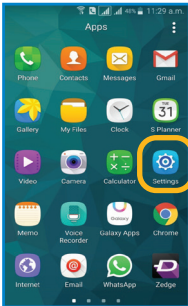
for Android



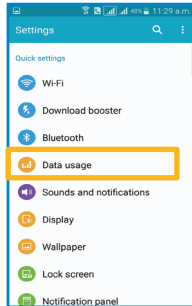
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Data tips:

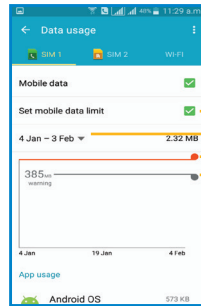
1 Set Data Limits



Go to **Settings**



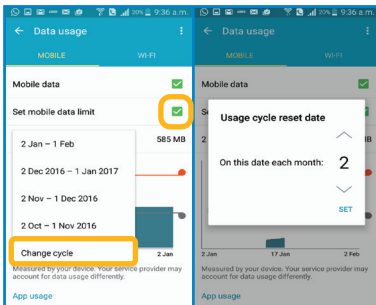
Select **Wireless & Networks**
Select **Data usage**



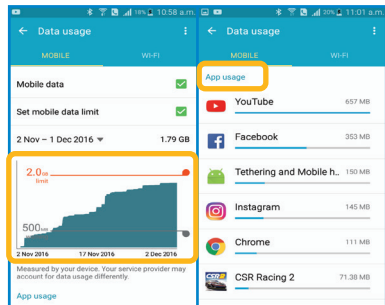
Must be checked
Date Range
Limit Level
Warning level

Here, you can adjust data **warnings** and **limits**. Once the data limit has been reached, your data usage automatically stops.

2 Change Your Data Cycle & Review Data Usage



You can also adjust the data cycle to match your billing cycle or a date you desire. Click on the date range and select **Change cycle** to adjust.



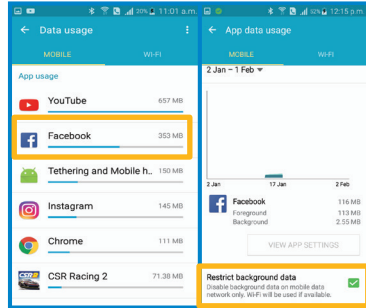
Your data usage is displayed on a graph for the cycle period and below displays a breakdown of the app usage.

3 Restrict 'Background Data'

Google Play Store	
Jun 2 – Jul 1 ▾	
Total	423 MB
Foreground	13.09 MB
Background	410 MB

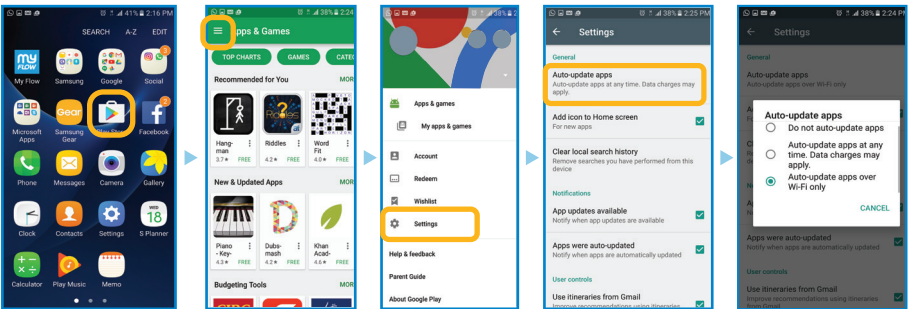
Foreground is the data used while actively using an app. (e.g. scrolling through Facebook)

Background is the data used while the app isn't active/open. (e.g. receiving Facebook notifications)



To restrict background data, select the app and select **Restrict background data**.

4 Update Apps using WiFi only



Select the **app**.

Select the **menu**

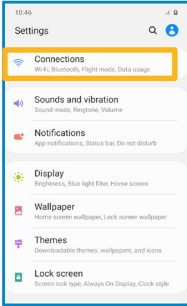
Select **Settings**

Select **Auto-update apps**

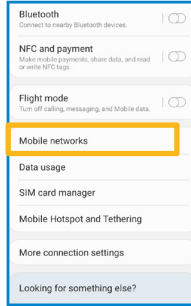
Select **Auto-update apps over Wi-Fi only**.

APN Settings:

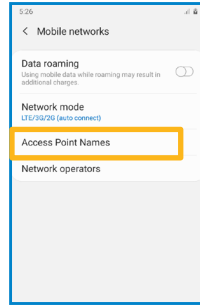
How to Configure APN (Access Point Name) Settings



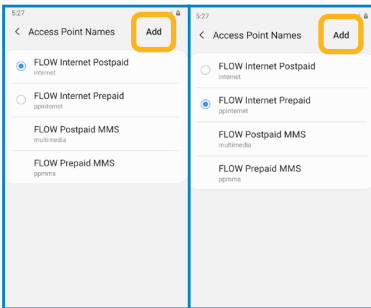
Go to **Settings**
Select **Connections**



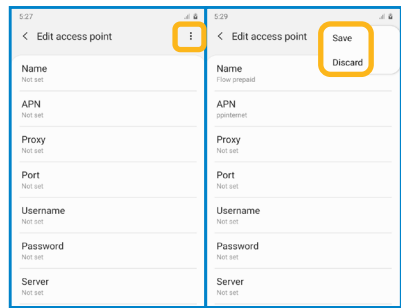
Select **Mobile Networks**
or **Cellular Networks**



Select **Access Point Names**



Create a new APN by selecting
Add or the plus (+) symbol



For Prepaid
Name: Flow
APN: ppinternet

For Postpaid
Name: Flow
APN: internet

Leave all other fields as they do not requiring editing.
Select **Options** icon and **Save Settings**

General Do's and Don'ts

Do

- Configure Data Usage limits. Use the built-in apps for android to set warnings and limits to be in line with your data plan.
- Make a note of data usage on iPhone at the beginning and end period of your billing cycle, this will help you track your usage during your cycle.
- Disable unwanted apps.
- Block apps that you do not wish to have access to cellular data.

Don't

- Don't use third-party lock screens
- Don't install applications from untrusted sources
- Don't use third party anti-virus apps

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